



## **Dr Rebecca Rowley | Case Manager**

**Professional Qualification**  
BSc. DClinPsy.CPsychol

**Registration**  
Health and Care Professions Council (HCPC)

**Membership**  
British Association of Brain Injury and Complex Case Management (BABICM)  
Division of Clinical Psychology (British Psychological Society)

### **Professional Profile**

Rebecca is a skilled clinician who has 18 years experience of working with children, adolescents and young adults with a range of complex needs and disabilities. As a Highly Specialist Clinical Psychologist, Rebecca has worked for the NHS in a variety of settings, including Child Development, Paediatric, Community and Child and Adolescent Inpatient Services. She specialises in the neuropsychological, emotional, social and behavioural consequences of brain injury and has extensive experience of working with families following trauma. Her clinical psychology background makes her particularly adept at using therapeutic skills to sensitively engage with families at a point of high stress. She specialises in working with young people and families where there are concerns about challenging behaviour, self-injury, safeguarding, trauma and mental health difficulties.

Rebecca started working as a Case Manager in 2011. She is skilled at carrying out care needs and risk assessments leading to clear goals, recommendations and care plans for her clients. She has extensive experience of interviewing, supervising and training carers as well as setting up and coordinating multidisciplinary teams. She has assisted families to find suitable accommodation and school provision and has frequently contributed to the development of Education, Health and Care Plans as well as benefit and transport applications.

Between 2008 and 2013, Rebecca worked on behalf of the Court of Protection, carrying out mental capacity assessments of adults, young people and children with severe learning and physical disabilities, brain injuries, developmental and psychiatric disorders. This incorporated working alongside Deputies to ensure that health and welfare needs were adequately met and financial decision-making was carried out appropriately.

Between 2001 and 2008, Rebecca worked in a variety of NHS settings, including St Mary's Hospital, London, carrying out assessments of children and young people with complex learning, neurodevelopmental, communication, feeding and physical disabilities. She ran support groups for parents of children with special needs and provided consultation and training to local specialist needs schools.

Between 1999 and 2001, Rebecca worked with young adults with physical and mental health difficulties at Huntercombe Manor Hospital, Maidenhead. Working alongside the nursing team, Rebecca provided key-working to young adults, to promote their independent living skills, social skills and rehabilitation.

Rebecca undertook her doctoral research Thesis into cross cultural approaches and beliefs about disability and has a specialist interest in developing culturally sensitive services for services for children, young people and their families. Her approach is solution-focussed and she aims to work collaboratively with parents, children and young people to draw on their unique strengths and resources to overcome obstacles and achieve their goals.

Rebecca is able to work with children and young adults with acquired brain injury and cerebral palsy in London and the neighbouring counties.

Rebecca has an enhanced DBS certificate and is registered with the Health and Care Professions Council.